

Sample Lesson Plans

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For *Flower Show Quilts*

Introduction

Flower Show Quilts teaches two different appliqué techniques and foundation piecing, as well as free motion quilting, to help quilters finish their quilts. Using freezer paper for appliqué and foundation piecing makes them easy! Keeping the projects on the smaller size, gives quilters a sense of accomplishment and those looking for a challenge can combine both types of appliqué. Instead of “quilt as desired” you are supplied with quilting instruction and suggested quilting designs for each design.

Class Descriptions for Shop Newsletters

In the Flower Show Quilts classes, students learn to make a pieced and appliquéd quilt project. “Plaid Clematis” class gives students a chance to make a simple to piece quilt with mitered borders and beautiful fused flowers. “Summer Floral Table Runner” is another small, easy project with strip piecing, mitered borders and a larger variety of fused flowers. The “Asymmetrical Clematis” class gives you the opportunity to try foundation piecing, along with mitered borders, fusible appliqué, and a little hand embroidery. In the “Asian Mums” class, you’ll learn freezer-paper, glue-basted appliqué so you’ll be able to appliqué like a pro! Challenge yourself to mix techniques in the “Jeweled Orchids” class by combining freezer-paper, glue-basted appliqué with fusible appliqué to make beautiful flowers!

Specific Projects That Work Well in a Classroom Setting

Class #1: Plaid Clematis

Full day (about 6 hours)

Advanced Beginner

Techniques: Fusible appliqué

With its smaller size, and simple piecing, this class is a great introduction to fusible appliqué quilts! Demonstrate fusible appliqué technique at the beginning of the class, and bring a completed flower to save time. Have the students come with the background and borders already cut, and the appliqué pieces traced onto freezer paper, so that they can begin assembling the quilt top right away.

Class #2: Summer Floral Table Runner

Full day (about 6 hours)

Advanced Beginner

Techniques: Fusible appliqué

A small project with big impact! Strip piecing makes the background quick and easy, so you can take your time creating beautiful flowers. Demonstrate fusible appliqué technique at the beginning of the class, and bring a completed flower to save time. Have the students come with the background and borders cut, and the appliqué pieces traced onto freezer paper.

Class #3: Assymmetrical Clematis

Full day (about 6 hours)

Advanced Beginner

Techniques: Freezer paper foundation piecing, fusible appliqué, outline or stem stitch

This foundation piecing technique will have everyone loving it! Demonstrate freezer paper foundation piecing, fusible appliqué and outline or stem stitch at the beginning of class. Have the students come to class with the rotary cutting already done, and appliques traced onto freezer paper. Also have them bring a square of fabric with their embroidery thread and needle to practice the hand embroidery, if desired.

Class #4: Asian Mums

Full day (about 6 hours)

Advanced Beginner / Intermediate

Techniques: Freezer-paper glue-basted appliqué

Demonstrate freezer-paper glue-basted appliqué. Bring a completed flower to class with paper pattern still attached to show students. Have the students come to class with the rotary cutting already done, and appliques traced onto freezer paper.

Class #5: Jeweled Orchids

Full day (about 6 hours) for orchid blocks only, or a two day class with one day piecing blocks and the other working on the orchids

Intermediate

Techniques: Freezer-paper glue-basted applique, fusible appliqué

When it comes to appliqué, this class has it all, because the orchid blocks are built with both freezer-paper, glue-basted appliqué and fusible appliqué! Demonstrate freezer-paper, glue-basted appliqué and fusible appliqué techniques, and bring a completed block to show students, preferably with the pattern still attached. Have the students come to class with the rotary cutting already done, and appliques traced onto freezer paper.

Additional Products That Can Be Sold Along with This Book

- Fabric packs for flowers and leaves
- Batting
- 8 1/2" x 24 1/2" rotary ruler, rotary cutter and mat
- Sewing machine needles: 80/12 Sharp or Jeans for piecing, 80/12 and/or 90/14 topstitch for quilting are what I use the most frequently
- Freezer paper
- Reducing glass really helps quilters see contrast from a distance
- Grab 'n Go Quilting Disks - I prefer to use disks instead of gloves when I'm quilting. Grab 'n Go Disks are available from Clever Craft Tools, Woodinville, WA (425) 941-0402 www.clevercrafttools.com.
- 20 1/2" x 20 1/2" Rotary Ruler for squaring up the quilts (nice to have)

Class #1: Plaid Clematis

Misty Fuse

Parchment Paper

Class #2: Summer Floral Table Runner

Fabric packs – assorted yellows, assorted greens

Misty Fuse

Parchment Paper

Class #3: Assymmetrical Clematis

Add-a-quarter ruler

Misty Fuse

Parchment Paper

YLI Pearl Crown Rayon thread

Purple, disappearing ink marker

Class #4: Asian Mums

Fabric packs - Asian fabric assortment for flowers

Glue sticks

Transparent thread

Class #5: Jeweled Orchids

Misty Fuse

Parchment Paper

3 1/2" x 3 1/2", 12 1/2" x 12 1/2", and 20 1/2" x 20 1/2" (nice to have)